Case Report:

Non rigid connectors-a management of pier abutment – a case report

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Abstract:

In Prosthetic dentistry, teeth supported fixed dental prosthesis is one of the common treatment modalities in which occlusal forces are directly transmitted to the periodontium through the components of fixed dental prosthesis namely retainer, pontic and connectors. Connectors are the components of partial fixed prosthesis or splint that join the individual retainers and pontics together. Usually, this is accomplished with rigid connectors. Connector is the maximum stress bearer component of fixed partial denture. Longevity of fixed partial denture and abutment rely on occlusion, span length, bone loss, quality of periodontium. Overload, leverage, torque and flexing are biomechanical factors which generate aberrant stress concentration.

Introduction

In Prosthetic dentistry, teeth supported fixed dental prosthesis is one of the common treatment modalities in which occlusal forces are directly transmitted to the periodontium through the components of fixed dental prosthesis namely retainer, pontic and connectors. Connectors are the components of partial fixed prosthesis or splint that join the individual retainers and pontics together. Usually, this is accomplished with rigid connectors. Connector is the maximum stress bearer component of fixed partial denture. Longevity of fixed partial denture and abutment rely on occlusion, span length, bone loss, quality of periodontium. Overload, leverage, torque and flexing are biomechanical factors which generate aberrant stress concentration. In some patients, the pattern of missing teeth may require the use of an FDP with a pier abutment. Pier abutment also known as an intermediate abutment is defined as a natural tooth located between terminal abutments that to support a fixed or removable dental prosthesis. Restoration of two missing teeth and an intermediate pier abutment with a rigid FDP is not an ideal treatment. When an occlusal load is applied to the retainer on the abutment tooth at 1 end of an FDP with a pier abutment, the pier abutment may act as a fulcrum. Thus, tensile forces may then be generated between the retainer and abutment at the other end of the restoration.

According to Savion et al, the possible cause for debonding is development of extrusive reactive forces at the proximal retainer as the distal abutment is loaded due to flexural forces developed within the FDP. Thus, these type of restorations may result in marginal leakage and caries. In the mandibular, FDP consisting of anterior and posterior segments, a non rigid connector is indicated as themandible flexes.
mediolaterally during opening and closing strokes. Furthermore, the excessive flexing of a long-span FDP varies with the cube of the length of the edentulous span, which can lead to material failure of the prosthesis or an unfavorable response(9).

Anterior or posterior abutments may experience extrusive forces during fulcrum action, and resultant tensile force at the retainerto-abutment interface may result inpotential loss of retention for these restorations. It has been reported that rigid FDPs with pier abutments are associated with higher debonding rates than short-span prostheses. Thus, these restorations may result in marginal leakage and caries.(6)

Non-rigid connectors convey loads to supporting bone rather than concentrating it in the connectors. It allows two part of the fixed partial denture to move independently, by which mesio-distal torquing of abutments is minimized. The location of the non-rigid connector in this type of pier abutment cases is very important. It usually is placed on the middle abutment, since placement of it on either of the terminal abutments could result in the pontic acting as a lever arm. The keyway of the should be placed within the normal distal contours of the pier abutment, and the key should be placed on the mesial side of the distal pontic.(9,10) Shillinberg(11) suggested placing the connectors at the distal aspect of pier abutment. Since the long axis of the posterior teeth usually leans slightly in a mesial direction, vertically applied occlusal forces produce further movement in this direction. This would nullify the fulcrum effect and the patricia/male of the attachment would be seated firmly in place when pressure is applied distally to the pier. This position has been supported by finite element analysis study by Oruc et al.(6)

Four types of non-rigid connectors are the(12)

1) Dove tail key-key way or Tenon-Mortise type connector
2) Cross pin and wing type connector
3) Split type
4) Loop type

**Case report**

A 50 year old male patient reported to the department of prosthodontics, Government dental college and hospital, Ahmedabad, with the chief complain of difficulty in chewing and poor esthetics due to missing teeth on upper left side. On examination, maxillary left 1st premolar and 1st molar was missing with canine and 2nd molar acting as a terminal abutment and 2nd premolar acting as pier abutment. Intra oral periapical radiograph showed good bone support for all the teeth to be used as abutments.

Available treatment options were as follows:

a. Implant in edentulous spaces.
b. Fixed partial denture with rigid connector.
c. Fixed partial denture with non-rigid connector.

Treatment involving implant placement was not opted due to economic constraint. The treatment of the patient with Fixed Partial Denture with rigid connector would have resulted in deleterious effect on abutments as well as the final prosthesis. Thus, the custom made tenon-mortise semi precision was planned. Tooth preparation of 23, 25, and 27 was modified following the biomechanical principles of tooth preparation.

**Clinical procedure:**

1. The tooth preparation of canine, second premolar was done for metal-ceramic fixed partial denture and non-rigid connector between the second premolar and first molar and for molar it was modified for metal
fixed partial denture for 1<sup>st</sup> and 2<sup>nd</sup> molar because of economic factor and due to decreased crown height of 2<sup>nd</sup> molar. The distal of the second premolar was prepared to accommodate a non-rigid connector.

2. Two step putty wash impression was made for the preparation of the working model. It was poured in high-strength type IV dental stone.

3. Provisional restoration was cemented.

4. Fixed partial denture with non-rigid connector was prepared. First, the anterior segment of canine, first premolar and second premolar with the keyway (Mortise) on its distal aspect was fabricated. Then the second and the first molars with key (Tenon) on its mesial aspect was fabricated in wax and then cast.

5. With the dental surveyor, accurate alignment of keyway parallel to path of placement of distal retainer was accomplished.

6. After casting, metal try-in of the individual units were done to verify proper seating. Then ceramic layer was added.

7. Cementation was done with glass ionomer cement, mesial segment was placed first followed by cementation of distal segment.

**Discussion**

The size, shape and type of connector play a significant job in the success of a fixed dental prosthesis<sup>(13)</sup>. It has been proved that high stress values are found at the connectors and cervical regions of abutment teeth, particularly at the pier abutment. When a rigidly designed fixed dental prosthesis with a pier abutment acts as a lever, excessive displacements may be observed at terminal abutments, resulting in damage to the abutment teeth or debonding of the weak retainer. The conventional use of non-rigid connector aids in compensating the difference in resistance and retention form between the abutments. The design and passive fit of Non-rigid connector is critical.<sup>(14)</sup> When a Non-rigid connector is integrated at distal region of the pier abutment, the area of stress concentration in pier abutment is reduced.<sup>(6,15)</sup> Botelho and Dyson reported that rigid FPDs with pier abutment are linked with higher debonding rates than short span prosthesis.<sup>(16)</sup>

There is a conflicting opinion on where to place the non-rigid connector. However, Markley<sup>(14)</sup> suggested that non-rigid connector should be placed at one of the terminal retainer, and emphasized that it should not be placed at the pier abutment because this would subject the relatively weak premolar abutment to extreme loads. Adams<sup>(17)</sup> suggested placing the connector at the distal side of pier, and if desired, adding one more at the distal side of the anterior retainer, while Gill<sup>(18)</sup> suggested placing it at one side or both sides of the pier. Carl E. Misch<sup>(19)</sup> recommended that in conventional fixed prostheses, the "male" portion of a non-rigid attachment usually is located on the mesial aspect of the posterior pontic, whereas the "female" portion is in the distal aspect of the natural pier abutment tooth. This prevents mesial drift from unseating the attachment. However, an implant does not undergo mesial drifting, and the non-rigid connector location is more flexible. For a natural pier abutment between two implants, a stress breaker is not indicated.

In this case report, the non-rigid connector was placed on the distal side of the pier abutment which was beneficial. Since the long axis of the posterior teeth usually leans slightly in a mesial direction, vertically applied occlusal forces produce further movement in this direction. This would nullify the fulcrum effect and the matrix/male of the attachment would be seated firmly in place when pressure is applied distally to the pier.
Advantages of non-rigid connectors are they, transmit shear stresses to supporting bone rather than concentrating them in connectors. It minimizes mesiodistal torquing of abutments and allow them to move independently (20).

Disadvantage of non-rigid connectors are:
1. More tooth reduction of pier abutment,
2. Increased laboratory time and expense.
3. In the absence of occlusal stability some, key have been observed to lift off from their keyway (21).

Conclusion
As connector in fixed dental prosthesis plays important role in masticatory force distribution, the selection of connector is important step in treatment planning of FDP. Non-rigid connector act as stress breaker to abutments and allowing physiologic tooth movements. So the architecture and passivity of non-rigid connectors are revealing to outcome of long span fixed dental prosthesis.
Figure 4 Wax pattern of mesial segment with mortise distal to pier abutment

Figure 5 Completed wax pattern with tenon in distal segment segment

Figure 6 After casting and ceramic layering mesial segment with mortise

Figure 7 Final prosthesis with tenon on distal segment

Figure 8 Close-up view of prosthesis with tenon-mortise

Figure 9 Cemented final prosthesis
References
13) Tylman’s theory of fixed Prosthodontics; St. Louis; 1989;8: 74 -5.